



COMPLIMENTARY Fitness Assessment!

Our team of health and fitness professionals will help you reach your goals. We will provide you with the knowledge, the tools and the motivation necessary in a private personal setting to make lifetime changes towards a better you. Our results speak for themselves.

Change can begin today!

You set the Goals -
We help make them a reality!

- *It's Personal*
- *It's Private*
- *And it is all About YOU!*



Call today for your appointment with
one of our qualified professionals!!

TEL: 860.432.9997

www.GoAlphaFitness.com

**1 Free Fitness Assessment
with this coupon!
\$70 value**