

Framingham criteria for calculating 10-year risk in men

Age	Points
20 to 34	-9
35 to 39	-4
40 to 44	0
45 to 49	3

Age	Points
50 to 54	6
66 to 59	8
60 to 64	10

Age	Points
65 to 69	11
70 to 74	12
75 to 79	13

Total Cholesterol

Level	Points by Age				
	20 to 39	40 to 49	50 to 59	60 to 69	70 to 79
< 160	0	0	0	0	0
160 to 199	4	3	2	1	0
200 to 239	7	5	3	1	0
240 to 279	9	6	4	2	1
>280	11	8	5	3	1

Smoking

Status	Points by Age				
	20 to 39	40 to 49	50 to 59	60 to 69	70 to 79
Nonsmoker	0	0	0	0	0
Smoker	8	5	3	1	1

HDL cholesterol (mg/dl)

Level	Points
> 60	-1
50 to 59	0
40 to 49	1
< 40	2

Systolic BP (mm Hg)

Level	If untreated	If treated
< 120	0	0
120 to 129	0	1
130 to 139	1	2
140 to 159	1	2
> 160	2	3

Point total	10-year risk (%)
< 0	< 1
0	1
1	1
2	1
3	1
4	1

Point total	10-year risk (%)
5	2
6	2
7	3
8	4
9	5
10	6

Point total	10-year risk (%)
11	8
12	10
13	12
14	16
15	20
16	25
> 17	> 30

HDL, high-density lipoprotein; BP, blood pressure.

Data extracted from, Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults. *JAMA*. 2001.